



# THE 9<sup>TH</sup> ANNUAL GREY RIBBON CRUSADE 5K, 1 MILE AND KIDS RACE

visit: [www.greyribbondubuque.org](http://www.greyribbondubuque.org) to learn more

- Date** Memorial Day - Monday, May 28<sup>th</sup>, 2018
- Time** 8:00 a.m. kids fun run, 8:20 a.m. 5k race, followed by a 1 mile race
- Place** Senior High School, 1800 Clarke Drive, Dubuque, IA. Participants will run or walk down Clarke Drive and finish on Dalzell Track. 1 mile races will be on the track.
- Cost** \$20.00 **prior to May 20<sup>th</sup>** and **card payments will be charged an additional \$1.00.**

## ENTRIES AFTER MAY 20<sup>TH</sup> GET A SHIRT AS LONG AS SUPPLIES LAST

Registration is available the morning of the race from 6:30 to 7:30. Cost is \$25 (+\$1.00 for card payment)

**Packet Pickup** Race morning from 6:30 a.m. till 7:45 a.m. at Dalzell Track & Field Stadium

**Entry Includes** Post-race refreshments, official race shirt, and rest room facilities will be on site.

**Prizes** Medals will be awarded to winners of each age category.

### ENTRY INFORMATION

**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Phone** \_\_\_\_\_

**E-Mail** \_\_\_\_\_

**Birthday** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Gender**  Male  Female

**Event**  5k  1 Mile  Kids Run

**Group**  14 or Under  15-19  20-29  30-39  40-49  50-59  60 or Older

**Shirt (Adult Size)**  S  M  L  XL  XXL

No Shirt

<b>Registration Fee</b>	\$ _____
<b>Additional Donations</b>	\$ _____
<b>Total</b>	\$ _____
Please Make Checks Payable To <b>Ram Booster Club Grey Ribbon</b>	
Mail Entry To <b>Grey Ribbon Crusade</b> c/o Lisa Wittman 16674 Wittman Hamm Ct Dubuque, IA 52001	
<b>Office Use</b>	
Amount Rcvd: \$ _____	Date: _____

### WAIVER:

In consideration of the foregoing, I, for myself, my heirs, my executors, administrators, and assignees, do hereby waive and release any and all rights and claims for damages I have against the Grey Ribbon Crusade, its officers, directors, agents, and volunteers, Senior High School, City of Dubuque, and any and all participating supporters for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in said race known as the Grey Ribbon Crusade 5k. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed medical doctor.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Parent Signature** \_\_\_\_\_ (For participants under the age of 18)